



Allan Anthony Barrow Sr

JUL 28, 1955 - OCT 5, 2025



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Allan Anthony Barrow Sr

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[Live Streaming for Allan Barrow Sr.](#) Allan Anthony “Coach” Barrow, Sr., 70, of Mount Juliet, Tennessee, died on Sunday, October 5, 2025 at Tristar Summit Medical Center in Hermitage, Tennessee surrounded by family.

Allan was born in 1955 and raised in Harlem, New York. In 1974, he applied to the Citadel, the Military College of South Carolina, just five years after African-Americans first began attending the institution. He was accepted and majored in English while playing on the freshman basketball team. In 1975, Allan joined the United States Navy. His career included assignments to Fighter Squadron 24 (VF-24), USS Constellation (CV-24), and USS Wainwright (CG-28). Allan was promoted to Chief Petty Officer in 1988 and retired as the Zone Supervisor for Navy Recruiting District Memphis in 1996.

Following his Navy retirement, Allan attended the University of Memphis and earned a bachelor’s degree in social work, Master of Arts in Liberal Studies, and an advanced certificate in Special Education. He began his teaching career in 2000 and worked for Covington City Schools and Tipton County Schools. During Allan’s time at Crestview Middle School, he served as Head Coach of both the girls (2007-2009) and boys (2010-2016) basketball teams. He retired from teaching in 2016.

Allan and his wife, Lavonne, moved to Mount Juliet, Tennessee in 2019. They enjoyed watching movies, dancing, and spending time with their children and grandchildren. Allan loved his family and friends dearly.

Allan is preceded in death by his parents Joel and Helen Curtis, and Claude Barrow II; sons Joseph Barrow and Dedrick Lewis, Jr.; sisters Lisa Middleton and Jackie Jackson; and brothers Claude Barrow III, Tyrone Barrow, Victor Barrow, Raymond Curtis, and Dennis Barrow. He leaves to cherish his memory his wife Lavonne Barrow; sons Allan Barrow II and Kyle Jones; daughters Fallan Faulkner (Nathan), Fiana Barrow, and Keja Jones; sisters Melinda Ann Curtis, Angela (Buffy) Curtis Hooks (Dave), Roselyn Middleton Reed, and Danielle Middleton; brothers Craig Middleton



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and Darrin Barrow; 10 grandchildren, and several cousins, family by marriage and family by friendship.



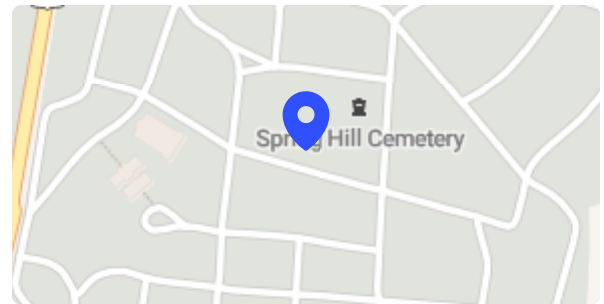
Events

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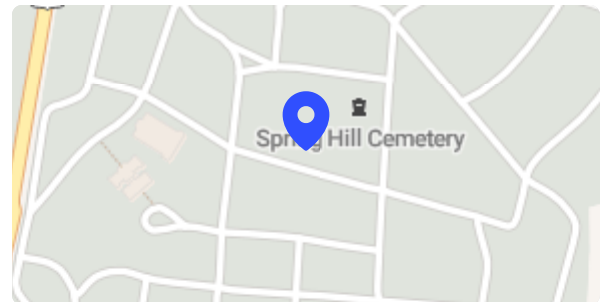
Visitation

- 📅 **Saturday**, October 25, 2025
- 🕒 10:00 AM - 12:00 PM CT
- 📍 **Spring Hill Funeral Home**
5110 Gallatin Road, Nashville TN 37216



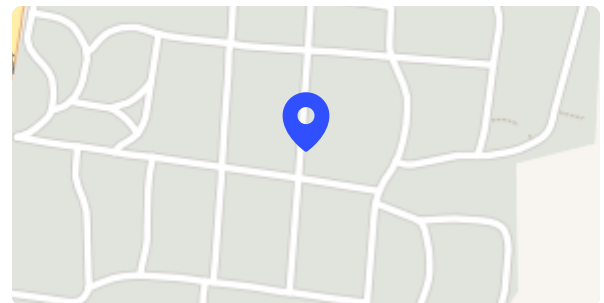
Chapel Service

- 📅 **Saturday**, October 25, 2025
- 🕒 12:00 PM - 1:00 PM CT
- 📍 **Spring Hill Funeral Home**
5110 Gallatin Road, Nashville TN 37216



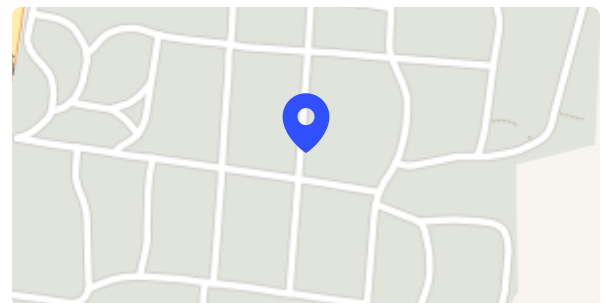
Burial

- 📅 **Saturday**, October 25, 2025
- 🕒 1:00 PM CT
- 📍 **Spring Hill Cemetery**
5110 Gallatin Pike S, Nashville TN 37216



Cemetery Details

- 📍 **Spring Hill Cemetery**
5110 Gallatin Pike S, Nashville TN 37216
- 📞 **(615) 866-1419**





Tribute Wall

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Rosalind Middleton lit a candle in honor of Allan.

I call Allan my twin, we would call each other on our birthday. He went to be with the lord the day after my birthday. He came to New York for one of my birthdays and took me on a carriage ride in Central Park. We had the best time talking about the New York Nick's of all things 😊R.I.H.my brother and the Nick's won just for you



October 24 at 5:04 PM



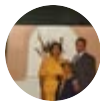
Ronnie Bussell Sr. & Family sent a Simply Elegant Spathiphyllum to the Barrow family.

October 24 at 9:12 AM



Ronnie Bussell Sr. & Family planted a Memorial Tree in honor of Allan.

October 24 at 9:12 AM



Jamesina Dortch posted:

GLORIOUS VICTORIOUS ANOINTED GRACE FILLED CONDOLENCE IN LUVING MEMORY OF ALLEN HE WAS A GREAT LIFE LONG FRIEND FROM LONG ISLAND & TENNESSEE MAY U REST IN PARADISE U FINISHED YOUR COURSE LUV&BLESSINS ALWAYS

October 23 at 1:01 PM



Anonymous sent a Beautiful in Blue to the Barrow family.

October 23 at 7:11 AM



Anonymous sent a Simply Elegant Spathiphyllum to the Barrow family.

October 21 at 6:19 PM





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Tim & Dee Alexander sent a Simply Elegant Spathiphyllum to the Barrow family.

October 17 at 11:33 AM



Tim & Dee Alexander planted a Memorial Tree in honor of Allan.

October 17 at 11:33 AM



Judith Black posted:

My deepest condolences to my cousin Lavonne Barrow and family, I am Allan's first cousin Judy Barrow-Black, we both grew up in Harlem we were always at each others houses ripping and running up and down 7th Ave to Lenox Ave. Junior, Tyrone, Allan, Me and my sister Donna..Linda was a little baby at the time I last spoke with Allan when he moved to TN. But never got to visit him there. Allan I will always have my memories of our childhood times together.. Rest in peace my dear cousin..

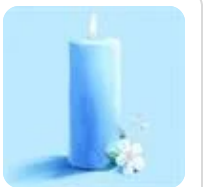


October 16 at 12:59 PM



Takara Carter lit a candle in honor of Allan.

I've always known him as "uncle" Alan. I met him when I was very young, after I moved to Memphis, shortly after the passing of my mom. This had to be during the late 90s. He always kept a smile and was fun to be around. Despite time & distance, he will always be "uncle" to me. Sending my love & thoughts to the family.



October 15 at 1:14 PM



Memories only last if you share them

Join us in honoring Allan by contributing to a collection of shared memories.



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